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| |  | | --- | | **West Mid Beds Locality Weekly Bulletin** | |
| |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | **Professional Insight dates**   |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Click on links below to register**  [**Benefits and returning to work**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY3ODcwMzY1NzgzIn0.aONa19e9hB0sQ0UaicXktOBAKB2JI29_KfSWkXr8X4M/s/905906908/br/112156355230-l)    [**What is a Young Carer?**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY5OTgzNTk2NTEzIn0.hhwLttoZsSoW5cDUkvpnWwV1b7lhNmwNBYLjITUfdFw/s/905906908/br/112156355230-l)    [**Online Risks**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY3ODcxMTE4MDMzIn0.QKtzxVnzuQt3DJ8S1MYf7Fbf-7Fl2H1HSRf1e4Itapk/s/905906908/br/112156355230-l)    [**SEND**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY4MTAzNDkzMDczIn0.z-g9ztZCnS8e1iHr7scyFqd5yXys2u9Ez3AbXTvZT1I/s/905906908/br/112156355230-l)    [**Coping with Christmas holidays**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDUsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY5NjAxNjQyMDc3In0.5mog-ELJ3qSKl6j-VqriAFjFM90qpeU7cPfXqYwt4E4/s/905906908/br/112156355230-l) | | | |   **Parenting Insight dates**   |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Click on links below to register**  [**Benefits and returning to work**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDYsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY3ODY3MTA2MDMzIn0.cHmvc9zfWHMC3IqzCBblDC35RrqTmOUkzkY9JZZAeVQ/s/905906908/br/112156355230-l)    [**What is a Young Carer?**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDcsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY5OTg0NTY3NDE3In0.1KyfgL-qkc5dlATRDVrbdQiAnNn_UF521vdy2K8QfmA/s/905906908/br/112156355230-l)    [**Online Risks**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDgsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY3ODcxNjIxNTM5In0.LdxBtUBbxDCdTABuyxtwFGFv6_ALgbq9y1SjhQ4k_Zs/s/905906908/br/112156355230-l)    [**SEND**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDksInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY4MTAyNDM3OTE3In0.UoeGIya7cVPK-UOUqYYNSlJHKMfkBlEJQupf3oHDbkc/s/905906908/br/112156355230-l)    [**Coping with the Christmas Holidays**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvMTY5NjAxMjg3MDE1In0.CmdnQ3425ViT0Rs8k2Y2UysgimuMQdcEoLUgM8VuUMs/s/905906908/br/112156355230-l) | | | |   **Early Help Information sessions**  **SPF Programme**  Friday 17th Sept 10am - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2Uvc3VwcG9ydGluZy1wcm9ncmVzc2luZy1mYW1pbGllcy1pbmZvcm1hdGlvbi1zZXNzaW9uLWZvci1wcm9mZXNzaW9uYWxzLXRpY2tldHMtMTY2NTIxNjQzNzE5In0.Wbe3ZE0G97BVEmUo578rm5fGRYEA-K5NwTZURVeuRHU/s/905906908/br/112156355230-l)  Monday 8th Nov 4pm - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2Uvc3VwcG9ydGluZy1wcm9ncmVzc2luZy1mYW1pbGllcy1pbmZvcm1hdGlvbi1zZXNzaW9uLWZvci1wcm9mZXNzaW9uYWxzLXRpY2tldHMtMTY2NjY1MTEyODM5In0.ltdmlixMU44qCAYZmvMch9BJmophh6GjR4A2tmyj_mw/s/905906908/br/112156355230-l)  **Triple P Parenting Programme**  Friday 1st Oct 10am - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvdHJpcGxlLXAtaW5mb3JtYXRpb24tYW5kLXRhc3Rlci1zZXNzaW9uLWZvci1wcm9mZXNzaW9uYWxzLXRpY2tldHMtMTY2NTIyMjg1NjM5In0.MYH1s1MEQM92rYXcK6zdQSrnPLiBnNkc0ADirclMSdo/s/905906908/br/112156355230-l)  **Mellow Bumps & Mellow Babies**  Wednesday 6th Oct 11am - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvbWVsbG93LWluZm9ybWF0aW9uLXNlc3Npb24tZm9yLXByb2Zlc3Npb25hbHMtdGlja2V0cy0xNjY2ODIxMTk3MDcifQ.vYVGxWDhBvcowQeSnC6Vglj0xTb6QID3xd2SdGeBvmI/s/905906908/br/112156355230-l)  Tuesday 23rd Nov 3pm - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTUsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvbWVsbG93LWluZm9ybWF0aW9uLXNlc3Npb25zLWZvci1wcm9mZXNzaW9uYWxzLXRpY2tldHMtMTY2Njg0NDg0NzgxIn0.DlGu_6kuoArf2GZlo0vEozFZP3QngeYN-_WHt-Xa2GU/s/905906908/br/112156355230-l)  **Strengthening Families 10-14**  Thursday 14th Oct 1pm - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTYsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2Uvc3RyZW5ndGhlbmluZy1mYW1pbGllcy0xMC0xNC1pbmZvcm1hdGlvbi1zZXNzaW9uLXRpY2tldHMtMTY3ODM1NzYyMjgzIn0.yWsQP9rJQM9dAd3JY4h30AX6q_FzGnwVD4e3XkIJrSw/s/905906908/br/112156355230-l)  **Young Carers**  Friday 1st Oct 2pm - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTcsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UveW91bmctY2FyZXJzLWluZm9ybWF0aW9uLXNlc3Npb24tZm9yLXByb2Zlc3Npb25hbHMtdGlja2V0cy0xNjkxMjUzMDczNDcifQ.kz671MnSSQgGAHAWTs2y-QBVFGtWLLRWUruJjXitSD4/s/905906908/br/112156355230-l)  Wednesday 1st Dec 10am - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTgsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UveW91bmctY2FyZXJzLWluZm9ybWF0aW9uLXNlc3Npb24tZm9yLXByb2Zlc3Npb25hbHMtdGlja2V0cy0xNjkxMjY0OTI4OTMifQ.KEb2D3XrA2MXGEheJ2IuKJCKT8EQRzhIvSoLzBE4lIM/s/905906908/br/112156355230-l)  **Kidstime**  Thursday 30th Sept 3pm - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTksInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvdmlydHVhbC1wcm9mZXNzaW9uYWxzLWluZm9ybWF0aW9uLWFuZC1zaGFyaW5nLXRhc3Rlci1zZXNzaW9uLWZvci1raWRzdGltZS10aWNrZXRzLTE2NjYxOTExNTI1OSJ9.7zi4VgSyizi705f9Mh2w9yb0YZOJx2o3r7hgFtut6bw/s/905906908/br/112156355230-l)  Wednesday 24th Nov 2pm - [Click here to register a place](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvdmlydHVhbC1wcm9mZXNzaW9uYWxzLWluZm9ybWF0aW9uLWFuZC1zaGFyaW5nLXRhc3Rlci1zZXNzaW9uLWZvci1raWRzdGltZS10aWNrZXRzLTE2NjYyMjA4MDEyNyJ9.2OgA_wUmsRKnaYNtmEe2nTua89ZeVi2Zss7QulER5bs/s/905906908/br/112156355230-l)  **Flitwick Children's Centre**  **Beds Wellbeing Service- Managing IBS Symptoms**  [**Please register here**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL2Zvcm1zLm9mZmljZS5jb20vcGFnZXMvcmVzcG9uc2VwYWdlLmFzcHg_aWQ9c2xURE43Q0Y5VWV5SWdlMGpYZE80OFdSYWNuSVpnRkR0Smk1SGdsamlvUlVOVEpMVFVGUVYxZElWVVJRT0VGV1UxUkRWek5VT0U4MU1pUWxRQ04wUFdjdSJ9.1zBfPRwFY-nv_9jK9BM-GJBh_z7yFSeqV07KL8HQLnw/s/905906908/br/112156355230-l)  **Fire setter Intervention Programme**  Bedfordshire Fire and Rescue Service (BFRS) recognise the important of having a Fire setter Intervention Programme in order to support children and young people who misuse fire.  The SAFE Programme will take a supportive approach in providing you with specific advice and guidance on interim measures to take to reduce the risk of fire setting behaviours occurring or reoccurring and how you and your family can remain safe in your home.  The programme will also provide educational sessions specifically design for your child help them understand the dangers involved in misusing fire or playing with matches and lighters.  Any enquiries to [stephanie.godfrey@bedsfire.gov.uk](mailto:stephanie.godfrey@bedsfire.gov.uk)  **Autism Beds - training dates**  **Below are the details of our training dates for the Autumn Term.  We have reluctantly taken the decision to deliver this training via zoom because of the continued uncertainty about the impact of the pandemic during the winter season.  This delivery method will be kept under constant review to ensure we deliver our training in the most responsible and safe way – face to face delivery will recommence when circumstances allow.**  **Autism & Demand Avoidance  £50** Thursday 9th September 9.30 am - 12.30  **Autism & Mental Health  £50** Tuesday 5th October, 9.30 am - 12.30 pm **Autism & Sensory Processing  £50** Thursday 7th October, 9.30 am - 12.30 pm **Autism & Behaviour  £50** Thursday 14th October, 9.30 am - 12.30 pm  **Autism & Using Social Stories  £50** Thursday 4th November, 9.30 am - 12.30 pm **Autism & Demand Avoidance  £50** Thursday 25th November 1 pm - 4 pm **Autism & Mental Health  £50** Tuesday 30th November 1 pm - 4 pm  **Autism & Sensory Processing  £50** Thursday 2nd December 1 pm - 4 pm **Autism & Behaviour  £50** Thursday 9th December 1 pm - 4 pm  **HOW TO BOOK**  Email [training@autismbeds.org](mailto:training@autismbeds.org)  or via our website [Training & Consultancy » Autism Bedfordshire](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5hdXRpc21iZWRmb3Jkc2hpcmUubmV0L3RyYWluaW5nLyJ9.SIgPqx-D5BXY9DnPGeeaBzOjLVSXrJhkYVflTrPT1-g/s/905906908/br/112156355230-l)  **Free online Training**  Any questions about the training, or anything else to do with sexual health education, please email [sexualhealthbedford@tht.org.uk](mailto:sexualhealthbedford@tht.org.uk)  [**Book a place here**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL28vdGVycmVuY2UtaGlnZ2lucy10cnVzdC1iZWRmb3Jkc2hpcmUtMjgxODY1NDkzMDUifQ.gFsSWf3_rmRt4hxi2yJAlmeOG1NOjQMo1ZN0Y1XUZu8/s/905906908/br/112156355230-l)  **Recovery College - New Prospectus**  **New September to December 2021 Prospectus**  The New Prospectus is now live here: [https://www.elft.nhs.uk/service/382/Bedfordshire-and-Luton-Recovery-College](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5lbGZ0Lm5ocy51ay9zZXJ2aWNlLzM4Mi9CZWRmb3Jkc2hpcmUtYW5kLUx1dG9uLVJlY292ZXJ5LUNvbGxlZ2UifQ.b1VDYPDnuXmcSV9sKSowO9T3lYC5eDEmZoi64ZprlpM/s/905906908/br/112156355230-l)  The Recovery College is part of East London NHS Foundation Trust, who provide the mental health services in Bedfordshire. Our remit it to provide workshops and group learning for wellbeing for the whole community. We have a wide range of workshops to support ANYONE over 18 LIVING OR WORKING IN BEDFORDSHIRE. All our workshops are free to access and currently they are online via Zoom and in person.  Highlights of this prospectus are   * A short printable version of the prospectus. * A number of face to face workshops.   We are continuing to run workshops we have been going for some time. The understanding series (anxiety, depression, fear, anger, emotions etc) continues.  If you are already registered with the Recovery College just send us an email with the list of workshops you would like join **(please do not re-register)**  For our new students that would like to enrol please follow the link below to register.  [Bedfordshire and Luton Recovery college (mindrecoverynet.org.uk)](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjUsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL21pbmRyZWNvdmVyeW5ldC5vcmcudWsvcHJvdmlkZXJzX3Byb2ZpbGUvYmVkZm9yZHNoaXJlLWFuZC1sdXRvbi1yZWNvdmVyeS1jb2xsZWdlLz9mYmNsaWQ9SXdBUjFjeEN0Ym8wMHd3dGcyd1B6SjI4MEpZMjNNakVRMTZOZlRCa29LN0N0VHZrcjRzaWJOZVhkdVdsOCJ9.I9-yDq74VuODxQxeuI3bbFuyi5fkytIt_cPOXpULcy0/s/905906908/br/112156355230-l)  If someone needs help enrolling please do give us a call and we will do our level best to support your access.  We also have an offline pack with lots of activities and tips for wellbeing. We have uploaded it to our website to be available for professionals to print and share to anyone they feel might make use of it.  **Online referral form - SEND services**  [**Please find the form here**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjYsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5jZW50cmFsYmVkZm9yZHNoaXJlLmdvdi51ay94ZnAvZm9ybS8yODIifQ.jx8oxCwjNdujdOvGmT9BWzNo4BlGbrN_lzyB816Tuew/s/905906908/br/112156355230-l)  **CAMHS - Anxiety & Panic webinar**  [**Book a place here**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjcsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL3gvYW54aWV0eS1wYW5pYy1pbmNsdWRpbmctb2NkLWFtLXNlc3Npb24tdGlja2V0cy0xNDU4Mzk4OTIwNDMifQ.63-kJqXFWN3Z4E_uPtgmhGryLf65V_hnuXskfI4qvyw/s/905906908/br/112156355230-l)  **BRIF - Building Resilence in Families Information sessions**  [**Oct 19th 10am - Book a place here**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjgsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvYnVpbGRpbmctcmVzaWxpZW5jZS1pbi1mYW1pbGllcy1pbmZvcm1hdGlvbi1zZXNzaW9uLWZvci1wcm9mZXNzaW9uYWxzLXRpY2tldHMtMTY3MzE2NjM3NTY3In0.fMIsYr4axF-uEqWYsUtXcuIASIzC1SkN8VnU_R1p0MQ/s/905906908/br/112156355230-l)    [**Oct 20th 2.30pm - Book a place here**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMjksInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvYnVpbGRpbmctcmVzaWxpZW5jZS1pbi1mYW1pbGllcy1icmlmLWluZm9ybWF0aW9uLXNlc3Npb24tZm9yLXByb2Zlc3Npb25hbC10aWNrZXRzLTE2NzMxNzEwNjk3MSJ9.rmdQ4epJvttPy80PYQDjMZ0kldA2jAYD2XNjY2TBaKE/s/905906908/br/112156355230-l)    [**Nov 2nd 4pm - Book a place here**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5ldmVudGJyaXRlLmNvLnVrL2UvYnVpbGRpbmctcmVzaWxpZW5jZS1pbi1mYW1pbGllcy1icmlmLWluZm9ybWF0aW9uLXNlc3Npb24tZm9yLXByb2Zlc3Npb25hbC10aWNrZXRzLTE2NzMxNzU3MDM1NyJ9.coOUGe8MW7wi25LwAWWpFFLdCKqMUNDOfo5rSz6ytHU/s/905906908/br/112156355230-l)  **BLMK - webinars**  [**More details here**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL21rdGFsa2luZ3RoZXJhcGllcy5uaHMudWsvYmxtay1ldmVudHMifQ.Voc31sT4LrxDwUxz7np2r5O5tP3MCFoe5iDdncmoSr4/s/905906908/br/112156355230-l)  **Home-start Parent courses**  [**Book a place here**](mailto:office@home-startcentralbeds.org.uk)**.**  **Family Information Directory**  The Central Bedfordshire's Family Information Directory contains lots of information about childcare settings, local and national organisations that offer support and advice, children's centres and local activities in Central Bedfordshire.  [www.centralbedfordshire.gov.uk/familyinfodirectory](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwOi8vd3d3LmNlbnRyYWxiZWRmb3Jkc2hpcmUuZ292LnVrL2ZhbWlseWluZm9kaXJlY3RvcnkifQ.a0wi5O1fWOxLmoqp7Un6x6n8S4P32j1o2b4lUnYrwXs/s/905906908/br/112156355230-l)  **SEND Local Offer**  Central Bedfordshire’s SEND Local Offer provides up to date information for children and young people with Special Education Needs and/or Disabilities (SEND), and their families.  [https://www.centralbedfordshire.gov.uk/info/15/special\_educational\_needs\_and\_disability\_-\_local\_offer](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3d3dy5jZW50cmFsYmVkZm9yZHNoaXJlLmdvdi51ay9pbmZvLzE1L3NwZWNpYWxfZWR1Y2F0aW9uYWxfbmVlZHNfYW5kX2Rpc2FiaWxpdHlfLV9sb2NhbF9vZmZlciJ9.N5iL0xq_sd4jPwIcWllEMh_Dp4rZhn3Ktty89tKJupU/s/905906908/br/112156355230-l)  The Local Offer includes information on services that are available to support children and young people with SEND from birth to 25 including:   * Education services (Early Years providers, schools, colleges, and training) * Health services * Social care services * Specialist support services and * Leisure and recreation opportunities   For providers, please send an email to [send.feedback@centralbedfordshire.gov.uk](mailto:send.feedback@centralbedfordshire.gov.uk) to add your services to the Local Offer. Also If you'd like to receive updates about SEND in Central Bedfordshire, you can sign up for our fortnightly [SEND News Bulletin](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzQsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3Byb3RlY3QtZXUubWltZWNhc3QuY29tL3MveUZvT0MyV3Z6VGt3N3h2SUdtRU5fP2RvbWFpbj1wdWJsaWMuZ292ZGVsaXZlcnkuY29tIn0.76Ulw1H6v5TQqAES7y_YUBvrwpAmX2vcgXlwUGHqGXI/s/905906908/br/112156355230-l) or follow us on our newly launched [Local Offer Facebook](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzUsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MTAuNDU3MjU5ODEiLCJ1cmwiOiJodHRwczovL3Byb3RlY3QtZXUubWltZWNhc3QuY29tL3MvZUdGZEMzdzJCY21RWjh3dVc1Q18xP2RvbWFpbj1mYWNlYm9vay5jb20ifQ.Vfjk02jv2YDyUQuCHOW6sESUylXlyqRtuEX9ur4ZVR8/s/905906908/br/112156355230-l) page.  **BRIF**  **BRIF - Building Resilience in Families:**  BRIF is held weekly Thursday – West Mid Beds and Tuesday – Ivel Valley. The panel is a multi-agency team working effectively to offer very early intervention to children and their families, to prevent and reduce the escalation of incidents or issues.  The BRIF Panel consists of a core group including Housing, 0-19 Service, Police, Adult Mental Health, Children Centres and other key partners/agencies relevant to families or to the issues prevalent in the locality.  The only ‘criteria’ for families brought to the BRIF panel is that they are not open to Early Help or statutory Children Services. Professionals may see an emerging need within a family and feel that they would benefit from other services or feel that the input of ideas and suggestions from the panel. There are no set referral criteria as this takes away the purpose of the panel.  All referrals are made using the attached referral form and are sent to the relevant Community Partner. Verbal consent must be received from parents prior to being discussed at panel.  We will invite you to present your referral at the BRIF panel. This will in some instances expediate support for the family as the referrer will be there to answer any questions the BRIF panel has.  This will avert a delay in support for the family, as will we not have to contact you to ask any questions.  Once a referral is sent to either Kerry or Natalie, they will contact the referrer with the Microsoft Teams link to join that week’s BRIF panel, you do not need to be there for the full hour just for the time it takes to present your case.  The recommended actions will still be sent to you after the meeting.  We would also welcome your input at BRIF for local intelligence purposes, should you know of any local information that has an input on families and the community please share it with us by coming along to BRIF or emailing Kerry or Natalie  Examples of cases brought to BRIF panel  o   Housing issues  o   Parenting Issues/Behaviours at home.  o   Non-school attendance.  o   Parental conflict.  o   Low level parental mental health.    **Contact us**  **Telephone**: 0300 300 4513 **Email**: [natalie.good@centralbedfordshire.gov.uk](mailto:natalie.good@centralbedfordshire.gov.uk) | |